

NCCAOM ACUPUNCTURE WITH POINT LOCATION MODULE CONTENT OUTLINE

A. Diagnostic Techniques and Treatment and Planning (33% of total exam)

1. Ear Diagnosis
2. Appropriate Treatment Theories
 - a. Tonification, supplementation, reinforcement, dispersion/sedation/drainage
 - b. Yin Yang theory
 - c. Channels (Meridians)
 - d. Sheng (Generation) and Ke (Control) cycles
 - e. Four Needle concept
 - f. Mu and Shu
 - g. Causative factor
 - h. Eight Extraordinary Channel theory
 - i. Six Division theory
3. Points and Sets of Points
 - a. Five Phase/Element points (Control points)
 - b. Antique points (Jing Well, Ying, Spring, etc.)
 - c. Mu (Alarm) and Shu (Associated) points
 - d. Confluent points of the Eight Extra Channels (Meridians)
 - e. Sheng (Generation) and Ke (Control) cycles
 - f. Meeting points/Hui/Influential
 - g. Entry and Exit points
 - h. Window of the Sky points
 - i. Four Needle technique
 - j. Xi-Cleft points
 - k. Yuan (Source) and Luo (Connecting) points
 - l. Aggressive energy treatment
 - m. Extra points
 - n. Trigger or Motor points
 - o. Ashi points
 - p. Dong's (Tong's), Tan's (12X12) points, or Naso/Muno points/regions
 - q. 12 Channel points (primary channel points)
4. Microsystem Points
 - a. Ear points (Nogier, Chinese, NADA)
 - b. Scalp points (Chinese and YNSA)
 - c. Foot points
 - d. Wrist/Ankle points

B. Treatment (33% of total exam)

1. Identify Treatment Techniques or Modes of Administration
 - a. Identify correct point location (e.g., anatomical, proportional)
 - b. Positioning of patient
 - c. Consider anatomy to determine depth, precautions, and contraindications
 - d. Consider precautions related to treatment (e.g., intradermal needles, moxibustion, electricity, guasha, bleeding)
2. Treat Patient
 - a. Acupuncture (inserting needles)
 - b. Cups
 - c. Ear balls/seeds/pellets
 - d. Nutritional supplements
3. Apply Moxibustion
 - a. Direct moxa (e.g., Chinese, non-scarring)
 - b. Indirect moxa (e.g., stick or pole moxa)
4. Apply Heat/Cold
 - a. Heating lamps
 - b. Hydrocollator packs
 - c. Microwave heat pads
 - d. Chemical heat pads
 - e. Herbal heating pads
 - f. Spray and stretch (vapor coolant)
 - g. Ice packs
 - h. Hot compresses
 - i. Cold compresses
 - j. Other methods
5. Electroacupuncture
6. Manage Emergency Situations
 - a. Fainting
 - b. Broken needle
 - c. Stuck needle
 - d. Organ puncture (e.g., pneumothorax)
 - e. Burns
 - f. Bleeding
 - g. Cardiac or respiratory arrest
 - h. Other situations
7. Ensure Clean Needle Technique

(over)

C. Treatment Evaluation (14% of total exam)

1. Evaluate the Results of Treatment
(By comparing the client's/patient's condition with prior assessment(s) in order to continue, modify, or terminate treatment)
2. Make Appropriate Modifications and Recommendations
(Based on results of the evaluation in order to further promote/restore/maintain the client's/patient's health)
3. Consult with Patient on Additional Areas of Concern

**D. Point Location (20% of total exam)
(images)**